



BRHS Warrior wrestlers dominate at home

by Tum



BRHS wrestlers watch other athletes compete. Photos by Fannie Chaliak.

Over the weekend BRHS Warriors and other schools competed in the Bethel Scramble here in the Warrior Dome. The Warriors' performances were excellent.

Wrestling coach Darren Lieb said, "Some of it has to do with trust in coaches who enable them to believe they can accomplish anything. Also the hard work the wrestlers put in every day."

Senior Mason Fitka said, "My performance was pretty good, but I could still improve, for example, there were a couple times where I got tired, but overall I think I did pretty well."

First year wrestler Daniel Jang said, "It went very well. I won two matches with pins. I also got 3rd place in my very first tournament. It was really fun."

Junior Emilie Madson said, "I had fun. It was a really nice tournament to start the year off with. I am excited for duals and Hutchison.

Sophomore Briella Herron said, "I would want to work on taking a better shot. I thought I did pretty well. I also felt great."

Great job to all the wrestlers who participated during the scramble. Good luck at the Lathrop Duals, go Warriors! See the results to the right.

BOYS' RESULTS

119 lbs		152	
Sheldon Smith	3rd	Austin Amos	4th
Alvino Vasquez	7th	George Lee	9th
125 lbs		160	
Zachery Chase	2nd	Ellis Johnson	5th
Daniel Jang	3rd	Gunner Fitka	6th
130 lbs		171	
Paul Dyment	1st	Mason Fitka	1st
135 lbs		Dylan Jackson	4th
Aaron Mute	1st	Samuel Atchak	6th
Keegan Thompson	5th	Adrian Amos	10th
140 lbs		Jeffrey Pavil	11th
Patricio Vasquez	2nd	189	
Shawn McIntyre	4th	Zack Wassillie	5th
145 lbs		215	
Ignatius Hunter	2nd	Zahcory Jacobs-McDonald	
Jonathon Oscar	3rd	2nd	



Samuel Atchak wrestles his opponent from St. Maries.

GIRLS' RESULTS

107		132	
Emilie Madson	1st	Briella Herron	1st
Constance Albert	3rd	152	
120		Payton Boney	1st
Ciera Harpak	3rd		
Lacey Samuelson	5th		
126			
Hannah Howell	3rd		
Madison Andrew	6th		



Emilie Madson pins her opponent.

Bethel JH wrestlers compete in home games last weekend

By Zack Wassilie

The Bethel Junior High wrestling team did great this past weekend for the home games scramble, and here are the results of the wrestlers.

I asked some Junior High wrestlers if getting points or the pin is more important and here is what they said.

Ethan Wheeler said, "Getting the pin is more important because you will get more team points and get the team title."

Riley Boney said, "Getting more points because if you don't get the pin you could win by points."

Amelia Bayer said, "Getting points because you're going for points instead of a pin and getting points is much easier than a pin."

Cole Iverson said, "Getting points because if you don't get the pin, you could win by having more points then your opponent."

Coach Smith said, "Getting the pin is more important because it gives more points to the team race." And about training the wrestlers, he thinks that it just depends on the person because some may be more athletic than others and they also will pick it up faster. See the results below:

84 Boys:

Cole Iverson placed 1st and has scored 21.5 team points
Aidan Crow placed 2nd and has scored 20 team points

91 Girls

Claire Dyment placed 1st and has scored 27.5 team points

98 Boys:

Maximos Lonewolf placed 2nd and has scored 18 team points

105 Boys:

Steven Butte's placed is 4th and has scored 15 team points

105 Girls:

Claire Lee's placed 7th and has scored 8 team points
Misha Woods placed 6th and has 8 team points

110 Boys:

Brandon Ayapan placed 1st and has scored 22 team points

114 Girls:

Isabelle Kerr placed 1st and has scored 18 team points

122 Boys:

Dylan McIntyre placed 1st and has scored 18 team points

132 Boys:

Jackson Iverson placed 1st and has scored 9 team points

132 Girls:

Ashlynn Lonewolf placed 1st and has scored 20 team points

140 Boys:

Ethan Wheeler placed 1st and has scored 9 team points

Girls:

Riley Boney placed 1st and has scored 19 team points

148 Boys:

Kemuel Latham placed 1st and has scored 20 team points

148 Girls:

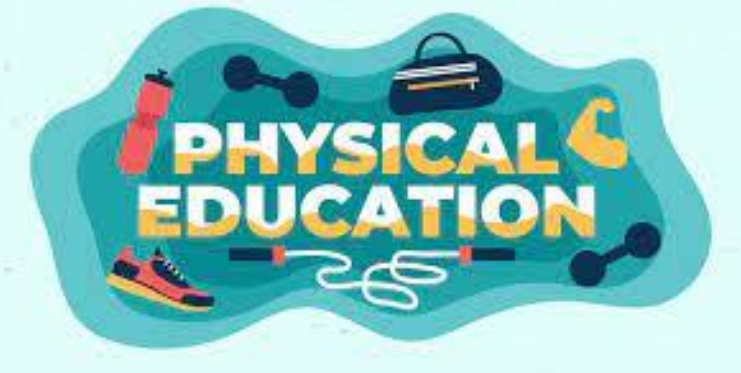
Jaslene Williams placed 3rd and has 0 team points

148 Girls:

Kaitlyn Wade placed 2nd and has scored 4 team points

Why is physical education important?

By J.O.



Physical education is good for staying healthy, and I believe this class is all year round, but you only need a certain amount of credit for physical exercise. Students get their daily exercise in at the gym of BRHS school.

There are some people who stay physically active and at a healthy weight that live seven years longer than those who don't according to <https://www.heart.org>. Also, staying in good shape and weight helps delay or prevent chronic illnesses and diseases associated with aging.

The physical education teacher, Mr. Lieb said, "Exercising is very important to live a healthy life. Not just while you're young, but it is also very important for elders to get some kind of exercise so they can maintain strong bones and muscle to do everyday things." He also added on, "There is no main importance for physical education, all of it is important. Muscular strength, muscular endurance, agility, flexibility, fine motor skills and gross motor skills are important for everyday living."

Zack Wassilie stated, "It is important, but it just depends on how motivated you are. You can also stay in shape and be pretty healthy for yourself and those around you." Zack added on, "Physical exercising has importance to add some muscle and to help you with somewhat of your flexibility."

Physical exercising is seen in many ways, such as gaining muscle, accelerating your agility, help you do some everyday things, and helps you stay healthy for future preferences. But sometimes if you overwork it when you exercise, you can risk tearing a muscle, hurting a joint in your body, or getting pretty sore especially when you don't stretch your muscles out.

BRHS volleyball team finds success in Nome

by The Warrior Weekly Staff along with the varsity team's perspectives



Last weekend, the Warrior varsity volleyball team competed in Nome against four other teams, combining their strengths of hard work, communication and skills to claim 3rd place. Read the players' views below.

How was the meet overall?

Allie Alexie: *The volleyball tournament went a lot better than we expected. We worked hard all weekend, and it played out well for us since we were able to beat Barrow, who are first in our region right now, and were ranked first out of the five teams at the tournament, so that was a big accomplishment for each and every one of us, and for our team most of all.*

Anna Howard: *I think the meet went very well. We took third overall in the tournament out of 5 teams. We beat Cordova twice and Barrow once. Barrow is the first seat in our region which is pretty exciting. When we played Nome on Saturday night I got a block against one of their hitters and it was the first time I got a block during a game.*

Isabel Lieb: *I thought the games in Nome went very well being we had two weeks off of volleyball with no games.*

Kendal Herron: *It was such an amazing feeling to finally beat Barrow after losing to them all year!*

What are your team's strengths?

Allie Alexie: *I think the strengths of our team together are that we communicated well with each other last weekend and paid attention to what was going on in the game to get every ball up. We hustled and worked hard for ourselves, which turned into a team accomplishment.*

Anna Howard: *As a team we are good at making a comeback even when we are losing. When we played against Barrow we lost the first set but came back and won the second two, winning us the game. We are good at adapting to new teams and new set ups. We recently started a new rotation and we're picking it up quickly. We're all good at what position we play and putting it all together makes a strong cohesive team.*

Amber Chase: *I think the Lady Warriors strengths are being able to play as a team and have fun.*

What are you looking forward to during this weekend's tournament?

Allie Alexie: *I am really looking forward to seeing how well we could adjust to playing with each other in our new rotation since we won't have Isabel with us. I believe that we can do just as well with our new rotation as we do with our original rotation.*

Anna Howard: *I look forward to playing all the teams that are coming in and to have the crowd cheering for us. This is one of my best friend's last home games and we have her senior night on Friday, I'm sad to accept that this is one of the last times I will play with her, but I'm still excited for it.*

Amber Chase: *I look forward to playing teams we've played in the beginning of the season and seeing how much the Lady Warriors have progressed. I'm also looking forward to senior night and hearing all the senior speeches.*

Kendal Herron: *I am really looking forward to my last ever night playing in the Warrior Dome. It's such a bittersweet feeling.*

Come and cheer on our BRHS volleyball teams (varsity, JV and JH) as they compete in the Slamtastic Tournament this weekend in the Warrior Dome! Visiting teams include: Pt. Hope, Redington, Barrow, and Palmer. We hope to see you there!



BRHS fundraises last weekend for sports and programs

By Jeremy Thatcher

Last weekend, there was fundraising happening near the gym. There were Track and field, student government, and social chair fundraisers. This was planned out by the coaches and by social chair of the student council. They funded for sport teams and programs so they can help pay for trips.

When BRHS hosted a home game for wrestling, the students from track and field, wrestling and other programs like JROTC and NHS helped fundraise for community service, and for volunteer hours.

In the concessions stand, students had to tend to being a cashier, supplying the food and drinks, and making the pretzels and nachos.

The cashier would be the first person a customer would see at the concession stand. This is the person who counts the money the customer owes and their change.

The food and drinks were in storage so a person would have to figure out if something is going to run out, and the person would have to run over to the storage to get more supplies.

The nachos and pretzels either needed one or two people depending on the size of the line, the nachos would be tended to by having multiple plates full of nachos and cheese, hot and ready. The pretzels needed multiple batches onto different plates with cups of cheese ready.

This work would fund trips that sport teams and programs like JROTC go on. These are planned out beforehand, so that the school administration knows when the fundraisers are happening and can find a way to help.

BRHS cell phone policy changes

By: Cleo Nicolai



A simulation of students engrossed in their cell phones rather than their classwork. Photo by Warrior Weekly Staff.

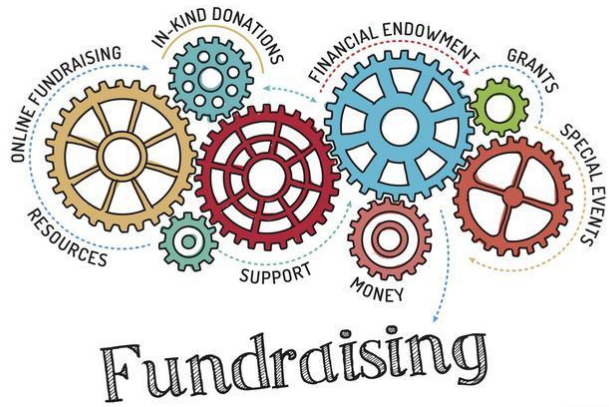
Starting 2nd quarter the phone policy has changed because last quarter some students chose to be on their phones rather than paying attention in class and doing their work. Also teachers had to call Mrs. Miner and Mr. Lavalle to go to classes to take away phones because some students would refuse to give up their phones. The rules changed from three warnings to no warnings. This means if teachers see a student with his/her phone out they can take it and give it to the front office, who keeps it for the rest of the day.

Mrs. Miner said, “Although I think students are upset right now, I’m hoping it will help them be more focused in classes, and then we’ll also cut down on some of the bullying that is happening over social media. Three warnings was really difficult to manage for teachers when multiple students had multiple warnings at the same time, and it just wasn’t being followed. I would go into classrooms for observations and many students would be on their phones. This decision was made to help students.”

Hilary Oscar said, “ I think the phone policy is better, but I don’t understand the earbuds, who are my earbuds bothering? And when I am finished with all my work and have good grades I should be able to at least look at my phone or have free time. The school has more important things to worry about, and we’re in high school.”

Mr. Jung said, “ I fully support the phone policy. I’ve been taking away phones and earbuds for years and keeping them for the rest of the school day. It’s something I’ve been doing as a teacher here at BRHS, and I’ve always had pretty good success with students not being on their phones and not having their airpods in.

Students: If you don’t like the cell phone policy you can go and talk with your student council about that.



Elders teach students in the lobby

By Isiah Stuart



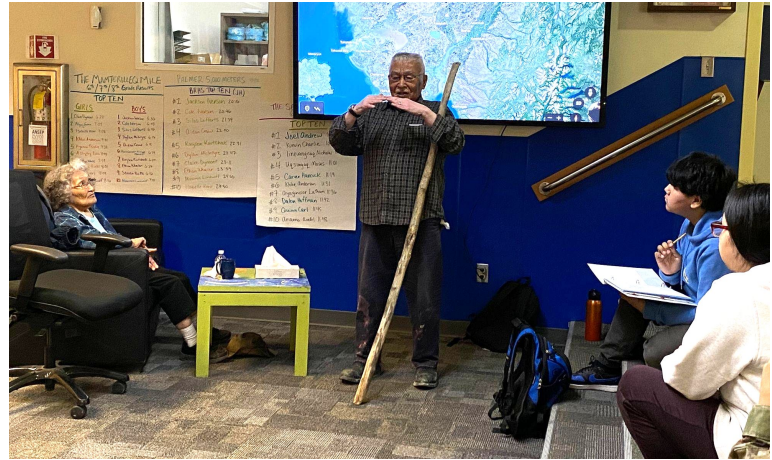
Nels and Katie Alexie, along with teacher Atan Winkleman prepare for a presentation to students. Photo by Helen Pollock.

Thursday, October 13, two Bethel Elders came to BRHS, their names are Nels and Katie Alexie. They described places just outside of Bethel that could potentially be dangerous. Now why do you think they did this?

Ms. Atan Winkleman said, “It was part of the curriculum, It’s important information that has been passed down for generations, and it is supposed to help the younger ones so they know what places are dangerous and what places are good places to hunt.”

Mr. Alexie said, “The Bering Sea has changed, you might not see any icebergs, and now we have the overflowing tundra.” He also taught yuuyaraq life skills some time ago in this very school.

The photos below show Mr. and Mrs. Alexie and the students they presented to.



Nels Alexie explains about the terrain around Bethel. Photo by Atan Winkleman.



Mrs. Winkleman’s students listen intently to the information presented by Nels and Katie Alexie. Photo by Ambrea Jackson.

Mr. Smith is the new school community advocate

By Mason Fitka

Meet the new BRHS School-Community Advocate, Brett Smith.



Just recently one of the staff positions was filled in, which happens to be the school community advocate. This position was vacant at the end of last school year. Brett Smith is the person who has taken that position.

Mr. Smith is a former student of BRHS, class of 2014. He was a part of the basketball team all throughout high school, and he is one of the assistant basketball coaches for the high school boys basketball team.

What does he do? Mr. Smith said, “I interact with students and their parents, try to be a positive link: And a bridge between school and the community.” When asked the importance of this role Mrs. Miner responded, “We’ve had one before, it’s extra hands with reaching out to family for the students.”

If you’ve got time, stop by Mr. Smith’s office located next to the front office and give him a warm welcome. Even though he had school here, it would be very appreciative welcoming new staff.

BRHS yuraq performs at Cultural Center for Indigenous People's Day

By E.S



Indigenous People's Day happened on Monday, October 10th, 2022, at the Cultural Center and the BRHS yuraq students performed there. They were the first ones to perform. Originally they were the second ones to perform, but the first group wasn't there, so they had to go first. It was a nerve wreck for me because I am in the yuraq group for BRHS and another group. It was fun because I am getting more comfortable and able to look up instead of down.

How does it feel to perform on Indigenous Peoples' Day?

Ms. Guinn replied, "It felt joyful and empowering to perform with other Native people on Indigenous Peoples' Day."

Ethan Spark replied, "It feels like something that you do often but in one good moment."

What does it mean to perform for Indigenous Peoples' Day?

Ms. Guinn stated, "Performing on Indigenous Peoples' Day means we're highlighting the importance of living and celebrating our culture proudly. There's a common misconception that Native people are something from the past or something from the museum, so this holiday helps us show everyone that Indigenous people are living and thriving, here and now. In the future, I hope we all have the day off to spend in celebration, or celebrate more intentionally within our workplace."

Ethan Spark responded, "What it means to me is that we do it because our culture makes us who we are."

It is important to us because it makes us who we are and we never want to lose our language and land. Our Elders are proud of us for keeping our culture alive and happy that it was possible for us to dance. I am so happy that we were able to dance, it is a big change because we thought this wouldn't ever happen. There were a lot of people who came to watch native people dance.

I love to dance because it runs down in our family even if I am the only one in our household who dances. I am happy to yuraq because it relieves our stress and any emotions that we don't want to feel.

It would be great if we had more people join and dance with the BRHS group. We have a lot of girls that joined in jr high. It would also be great if we have more boys, one of our boy dancers have practice right after school for wrestling.

Art Class

By Zellia Avalos



Mrs.Luthy was showing her students pictures of yupik art."What do you like about art?" She answered with, "Art is an extension of the person who made it. It gives you a glimpse of who they are." She has currently finished a water color book. She said, "I am going to make a new make a beaver water color painting. Art makes me happy, I love it. It helps you to be curious & feel alive. To live in the present moment. "



Bryan, a student in art class said, "It's fun and easy. I like the drawing and painting part. Right now we are currently learning how to deal with watercolor texture. Learning how to add rhythm and texture to add interest in my painting."

The students are learning how to deal with water color painting, adding texture and detail to their art. Art is a good way to help express yourself.

The Purpose of Spirit Week

by-Jahira Towner



This week BRHS is having a spirit week hosted by the school Social Chairs Mehmet Alimi, Kenai Tsosie, and Adilyn Jung. Spirit week is known for dressing up how others used to before your time, coming up with funny ideas such as wacky day, fun activities and more.

What BRHS will be doing for spirit week is dressing up for pictures on Monday, twin day on Tuesday, wear pink on Wednesday like the movie “Mean Girls”, but this will be for breast cancer awareness. They also added a Dress to impress, and no bookbag day. This was planned to bring back the spark that was lost and put smiles on student and staff faces. According to Kenai, “ School spirit seems to have gone away since covid came.” So they want to get students and staff involved again and have something fun to do. “It’s like bringing family to Thanksgiving.” Mehmet said.

Furthermore, a few students and staff have participated in spirit week such as twin day. Kenai and Mehmet dressed up kind’ve like the men in black. They wore black jeans, a black hat, a white shirt, and white air force 1’s. Moreover, many people participated in breast cancer awareness day such as me, Morgan, Ms. Mutch, and plenty more. This made me happy to see others smiling and enjoying themselves. I like how those who participated take pictures together and you hear the laughter of others.

This is also what Kenai and Mehmet enjoy as well. According to both, “We enjoy it, were laughing, making jokes and how it makes others laugh. For us that’s all that matters.” I can’t wait to see what the students and staff wear for no backpack day and dress to impress. I hope that everyone who participated enjoyed this week as well as I did and others who gave me feedback. Thank you BRHS students and staff, have a great day.

Movies playing at Suurvik Cinema

By Selena Echuck



‘Smile’ and ‘Lyle Lyle Crocodile’ played last weekend on october 15, 2022 at the movie theater by the hospital. ‘Smile’ is a horror/ psychological movie. Fannie Chaliak said the movie smile was psychotic and traumatizing. When you go to watch the movie you can judge the way you want, there is no right or wrong answer.

‘Lyle Lyle Crocodile’ is a comedy/ musical, it is a good show for little kids to watch.

The cost for the movie tickets are \$13 dollars for adults \$12 dollars for elders and \$10 dollars for kids, at the movie theater 12 and younger is consider a kid and 13 and older is considered an adult and for elders is 60 something and older.

Cost for the movie theater are popcorn is \$5, pop is small is \$5 , medium is \$7 , large is \$8 and the candy is \$4 dollars. Peace tea is \$6, Powerade is \$4, water is \$3, nachos and pretzel are \$5 dollars and they come with cheese, which does not cost anything because it comes with the nachos/ pretzel.

We show new movies every Friday and sometimes we show the same movies for two weekends because they did not get any new movies to play. It takes a month or less for movies to get to Bethel.

Drawings

By Joycelyn Keene

I drew a wolf that is howling in my class on Monday. I drew the wolf by searching online for photos because I was bored, but I did enjoy while drawing this one. And I am happy with how it came out.

It was also fun while putting in the details of the wolf, but I was just practicing drawing. I can see that I'm improving on my art skills, and that makes me very proud of myself.

Especially I drew seven more animals that I saw from a photo online. Those animals are a grumpy owl walking and a cool big elephant, owl, funny squirrel, random cool bird, fluffy bird, and a tiger. The elephant was very difficult to draw because it had way too many details to put into my drawing. I had a good time while drawing these animals.



Mr. Reames US History class dives right in

By Brandy Jones

The first two days in Mr. Reames' US History class the students cleaned out their binders, they made covers for them, and basic "homekeeping." The students will soon jump into learning about the Progressive and New Eras, they will also be learning about Ellis and Angel Island.

The students are learning about the Progressive and New Eras because they will separate American History into 10 Eras so they can follow the development of America step by step. They will also be studying about Ellis and Angel Island because this is where immigrants arrived in America.

History Teacher Mr Reames said, "I like teaching about the Eras because it makes it easy to give a step by step explanation of US History. Ellis and Angel Island, though they had similar purposes as reception centers, the history of each is very different."

Student Selena Echuck said, "The most memorable Era for me was the Westward Expansion, it was about the natives and it is important to me because I'm a native."

Student Morgan Wuya said, "One of the Eras that is memorable is the Civil War Era because it is where slavery was fought and in the end African Americans got their rights."

Student Ashton Boy Scout said, "The Era I find interesting is the Pre Colonial one because we were here first."

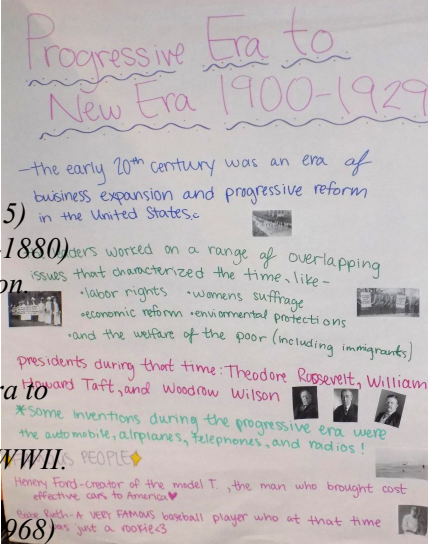
Student George Gregory said, "I liked the Great Depression Era because the financial state and coming together as the United States."

Student John Nicholas said, "The New Nation Era was more memorable for me because I presented and wrote about it."

Student Cameron McCarr said, "I found the Civil War Era interesting because it included weapons and they had music bands going on while they fought."

The 10 Era's are:

- 1.The Colonial Settlement. (1600s-1763)
- 2.The American Revolution. (1763-1783)
- 3.The New Nation. (1783-1815)
- 4.National Expansion. (1815-1880)
- 5.Civil War and Reconstruction (1861-1877)
- 6.Rise of Industrial America. (1876-1900)
- 7.Progressive Era to New Era. (1900-1929)
- 8.The Great Depression and WWII. (1929-1945)
- 9.The Post War USA. (1945-1968)
- 10.Modern America. (1968-current)



Biology, learning about cells and about life

By Madison Keene



Students in biology class studying cells. Photo by Madison Keene.

Biology is a class where there are microscopes involved to see another but smaller world, they're called cells and some bacteria.

I interviewed Mr. Mandres, he is teaching in class right now Asexual and Sexual Reproduction, Genetics, and Ecology

I asked why is it important to learn biology and he said, "Biology is important because it is about life, different process of life." I asked what is your favorite part of biology? He said, "Teaching kids to dissect animals, hopefully we can do it next semester."

I interviewed two students who are in biology class, Sam Atchak and Miles Dull.

What are you excited to learn about biology?

Sam said, "What I am excited to to learn in biology is about plant reproduction."

Miles said, "I am excited to learn more about to all the chemicals."

Why do you think it's important to learn biology?

Sam said, "Yes it is important because it is a required class and we can learn more about science."

Miles said, "I think it's important to learn about biology because it teaches us about life."

What's your favorite part of biology?

Sam said, "My favorite part is the individual work."

Miles said, "My favorite part is that my friends are in my class hour"

I'd just like to say that biology is a great class, and was one of my truly favorite classes to take. Now that I passed biology I miss having that class.

Happenings in The chemistry classroom

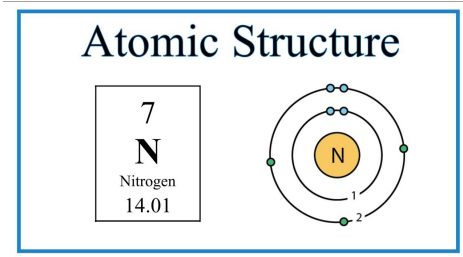
By James B

This week Mr. Fiend and his 3rd/4th period class started a unit about how the atoms of different elements bond together.

To start off we need to talk about what an atom is. An atom is the building block of all things that exist. Some models that we are using include the Bohr Model, there are also other models that were made by other scientists, but the Bohr Model is the easiest to work with early on.



Picture of Niels Bohr and his model of an atomic structure. This one is a model of a Nitrogen atom

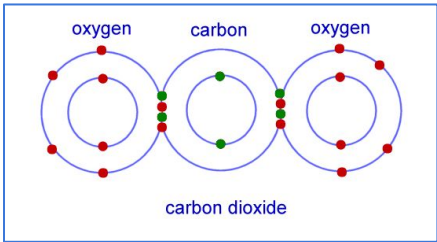


There are many people throughout history that have tried to uncover what makes things what they are. In the modern age we have been able to harness the power of atoms. Humans used knowledge of atoms for nuclear power plants have supplied many cities throughout the world to supply its people with electricity. Then there was not so good things that happened because of atoms, such as chernobyl and Weapons of Mass Destruction(WMD's) used in war. (<https://www.sciencehistory.org/>)

Gilbert Newton Lewis discovered atomic bonding 1916 while reading atomic structures when he discovered a special arrangement of different electrons(small particles orbiting the atom) and starting to experiment with the bonding capabilities of different elements. (<https://www.sciencehistory.org/>)



Gilbert Newton Lewis(Left) and a model of a chemical bond between Oxygen and Carbon(Right)



BRHS Students learn about finances and taxes in CLS

By Jada Jones



In Ms. Samuel’s Consumer Life Skills class we are learning about finances, taxes, money spending and setting goals for the future.

This class is beneficial because we are learning about money spending, taxes and house needs. On the first day of class we worked on a poster for finances and taxes. We had to draw or get a picture from google and underneath the pictures we had to explain the jobs or picture on how and why it’s helpful.

Senior Makayla Nicholai said, “In Ms. Samuels Consumer Life Skills class, we use google slides, drawing, writing and answering questions and making posters. We get to learn about finances and paying our taxes which is really important for when we’re adults. You get the work done easily.”

Senior Jacey Koutchak said, “CLS teaches me a lot about after high school and things I should prepare for when the time comes. I like that class because Ms. Samuels interacts with us, she’s funny.”

This class is helping us prepare for when we’re out of highschool and on our own. Later this week we started on writing notes. After we finished taking the notes we made some posters on google slides, the poster needed a minimum of 3-5 pictures.

Trip to Newtok

By M.A

Last week Sylvia and I went home on Thursday. We went to Grant Air before 12:30 and were waiting for less than three hours.

I was embarrassed because I was wearing the JROTC uniform. A lot of people were watching me. But then I was just sitting down by my sister and her husband.

I was happy when I saw my sister with her husband because I finally saw them after 7 full months.

When I was wearing the uniform, I was shy when people kept watching me. Even when those travelers came here for wrestling they were watching me when they got here. Then finally, when they said my name and Sylvia to go home, I was happy. The views were so pretty when we went.

Newtok felt so small place because I got used to being in Bethel. But it was a good break from Bethel for three days. I finally got to spent time with my family. But most of the times, I was with my grandparents because I missed them so much.

Moose Hunting

By S.A

How does it feel to moose hunt?

Blair said,”It’s good, because it’s better than staying home.”

Where do you hunt?

Blair said,”Below Yukon Portage, because we usually go there.”

Why is it important?

Blair said,”It’s important for me because it’s our culture and it’s passed down from my parents and their parents and so we can rely on our land.”

The important things we have to bring are food, water, sleeping bag and tent.

Moose hunting is really fun, but traveling from Newtok to the camping place is really far. It takes about 4 to 5 hours to get there. Where we go for moose hunting is called Cilugan, where lots of people go because there are moose and black bears.

While the guys get ready to go out hunting, we have to get ready for food and snacks for the guys to eat. We pick blueberries until our buckets are full. Then we make food for the guys to eat before they get back.